

Between COVID 19 and Cleanliness



Hello, my name is Maraddin Siregar from Indonesia. I am a master's student in the department of animal science, national Chung Hsing University (NCHU), Taichung, Taiwan. Hopefully, this is my last semester and then, I will graduate as soon as because I am going to apply Ph.D.

Talking about COVID 19, the corona virus-19 (COVID 19) pandemic is global crisis health that has happened since 2019 last year and has spread in many countries not only developing countries but also developed countries such as Germany, Japan, and Taiwan. Countries are racing to slow the spread of the disease by testing and treating patients, carrying out contact tracing, limiting travel, quarantining citizens, and canceling large gatherings such as sporting events, concerts, and schools. Since COVID 19 has appeared in Taiwan, it has causing a lot of effects which is all public facilities are closed for the public like schools, parks, and offices for few months. Starting 19 March 2020, foreign nationals were

barred from entering Taiwan except who holding valid Alien Resident Certificate (ARC) and special permits.

A few months ago, Taiwan recorded the case infection of china airlines pilots. Then, day after day, cases are increasing in Taiwan, not just foreigner cases but also local cases are in increase in other cities such as Taichung city. To prevent further spread, the Taichung government by cooperation with my school started limited activities. Indoor gathering of more than 5 people and outdoor gathering of more than 10 people should be canceled, keep proper social distancing, the individual is not allowed to enter any building, every building on my campus undergoing entrance restriction (real-name registration system) by setting up fever screening station, all staffs and students must update the health care questionnaire, I have to wear a mask all time when we go out, all classes should be during, almost all activities were canceled that hold by the school. The office of international affairs (OIA) in my school always reminded all international students in national Chung Hsing University so that checking health monitoring, keeping hands sanitized, wearing masks, and social distance. Almost every day, OIA reminded and updated the information to protect all international students in my school. They are sending many places which are these I could not go and should avoid it. I think that was amazing and very helpful because almost all of the information in Taiwan are Chinese language which is I can't read.

Taichung is one of Taiwan's greatest cities that are deserted as people stay indoors, either by government order or by choice. Otherwise, as the last semester of a master's student, this situation really makes me have to work hard, study hard and keep doing my project and writing my master thesis. Almost every day, I should go to school regularly doing my duties as a master student, making PPT for my Boss because I am also a teaching assistant (TA) from OIA. Wearing a mask, measure

temperature and the important is I have to scan quick response (QR) code that is the new role of Taiwan's government to simplify the process of providing our contact information when entering buildings in my school, restaurants, busses and etc. these are what I am doing daily life.

Since COVID 19 was confirmed, I am realizing that it has changed a part of my habits, I really take care of everything that I want to do, cleanliness of hands, room, stuff, and other things. Cleanliness is part of my life and I am going to apply in my daily life I hope, all of us keep healthy and safe all the time.

