A glimpse into my life at NCHU

I am Prakriti Regmi, who hails from Nepal. Currently, I am pursuing my doctoral degree at National Chung Hsing University (NCHU). The idea of living in Taiwan used to intrigue me before I enrolled at NCHU. As soon as I arrived in Taiwan, I felt that it was the best decision I had ever made to come here to learn advanced techniques. NCHU has provided me with many fond memories. It is a huge honor for me to study in Taiwan.



There are times when life is not as beautiful as we expect it to be. Every day, we face new challenges, and we must strive to overcome them. It is sometimes difficult for me to deal with loneliness because I miss my family in Nepal. My secret destination when I feel lonely is the NCHU lake and its surroundings, where I can appreciate a diverse range of fascinating living creatures. Every time I went there for amusement, I could not stop myself from capturing images of beautiful plants, animals, reptiles, insects, and birds. I adore watching colorful fishes, tortoises, swans, squirrels, and many more creatures.



I miss my pet dog from Nepal very much. My heart is filled with joy whenever I see pets around me. The lake has a lot of friendly geese and tortoises, which have an emotional effect on me. My affection for them is unconditional, and I believe that they understand the language of love, as well. They are also excited and happy when they see me. When they see me feeding them, they come closer and eat from my hand. One of my favorite things to do in the lake is to feed them. It gives me immense pleasure to spend time with them. They make me feel happy and I enjoy their company a lot.



Since, my childhood days, I had a strong desire to get in touch with nature. It is my passion to admire the beauty of nature. I strongly believe that it is necessary to take out time for ourselves and explore nature to develop a sharp mind and healthy body. Due to my hectic academic schedule, I should devote more time to studying. On weekdays, my busy schedule prevents me from traveling far from my university to enjoy the natural scenery. It is a blessing to have access to lakes, forests, and other natural environments inside NCHU, which I can enjoy at any time. This helps me save a lot of time.