

Kebijakan Protokol Kesehatan NSYSU Untuk Cegah Covid-19

National Sun Yat-sen University atau dikenal dengan NSYSU merupakan salah satu universitas ternama yang terletak di Kota Kaohsiung, Taiwan dan memiliki banyak mahasiswa yang mengenyam pendidikan mulai dari strata S1, S2 dan S3. Disamping mengkomodir kebutuhan pendidikan bagi warga Taiwan, NSYSU juga memberikan kesempatan yang terbuka bagi pelajar internasional untuk melanjutkan perkuliahannya. Untuk itu NSYSU harus sigap menerapkan berbagai kebijakannya dalam mengakomodir dan menyampaikan informasi menyangkut berbagai hal secara komprehensif, baik itu ditujukan kepada mahasiswa lokal maupun internasional.

Termasuk dalam menerapkan protokol kesehatan dalam menghadapi pandemi Covid-19, kampus NSYSU berusaha seoptimal mungkin menerapkan berbagai kebijakan untuk menanggulangi penyebaran virus Covid-19 di lingkungan kampus. Seperti kita ketahui bersama, World Health Organization (WHO) telah menyatakan Covid-19 sebagai pandemi pada tanggal 11 Maret 2020 (WHO 2020). Merespon situasi tersebut maka pada tanggal 7 April 2020 NSYSU mengumumkan kebijakan protokol kesehatan untuk mencegah penyebaran Covid-19 (NSYSU 2020). Adapun secara rinci, upaya yang dilakukan oleh kampus NSYSU adalah sebagai berikut:

1. Memberlakukan sistem perkuliahan berbasis “penjagaan jarak”

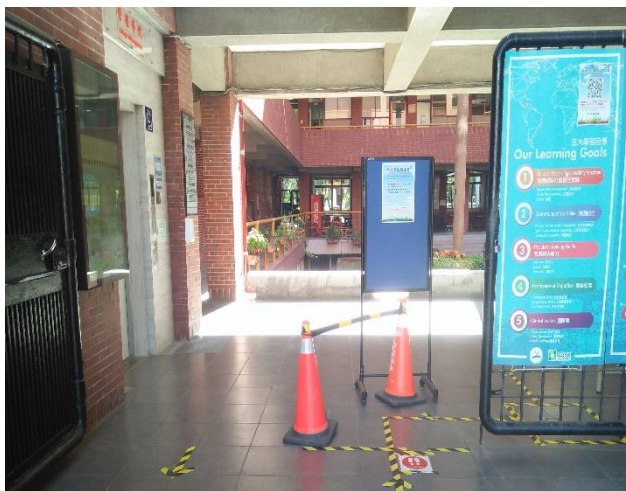
Pengaturan pelaksanaan kelas di NSYSU adalah sebagai berikut:

- 1) Untuk jumlah kelas dengan mahasiswa lebih dari 100 orang maka diberlakukan perkuliahan daring, atau membagi kelas dengan jumlah mahasiswa yang lebih sedikit dan kurang dari 100 orang
- 2) Untuk kelas dengan mahasiswa berjumlah dibawah 100 orang:
 - A. Di dalam kelas wajib menggunakan masker dan harus menjaga jarak (1,5 meter di dalam ruangan), tempat duduk harus diatur sesuai ketentuan serta tidak diperbolehkan hilir mudik di dalam kelas
 - B. Jika pengaturan tempat duduk tidak memungkinkan memenuhi jarak 1,5 meter, maka masker wajib harus dikenakan secara benar. Jika mahasiswa tidak mengenakan masker maka dosen/instruktur berhak meminta mahasiswa tersebut untuk keluar kelas dan mengenakan masker terlebih dahulu

C. Untuk kelas di luar ruangan jarak ideal yang diterapkan adalah 1 meter sesuai anjuran Kementerian Pendidikan. Jika pengaturan jarak tersebut tidak memungkinkan maka seluruh mahasiswa dan instruktur wajib mengenakan masker

2. Pengaturan pada pintu masuk di seluruh gedung NSYSU

Sejak tanggal 10 April 2020, pengaturan di pintu masuk diperketat. Semua civitas akademi dan mahasiswa harus menunjukkan kartu identitas NSYSU untuk dapat masuk ruangan. Sedangkan bagi tamu wajib menunjukkan kartu identitas dan mengisi buku identitas sebelum memasuki gedung. Berikut adalah beberapa gambar tentang kondisi di area pintu masuk gedung



Gambar 1: Sistem masuk satu pintu



Gambar 2: Meja pengecekan identitas



Gambar 3: Pengumuman Kartu Identitas



Gambar 4: Peringatan menggunakan masker

Selain beberapa kebijakan tersebut di atas kampus NSYSU juga menerapkan sistem pemberian stiker. Sistem ini bertujuan untuk membantu mempermudah pemantauan seluruh civitas akademika dan pihak luar dalam mengakses berbagai fasilitas gedung di lingkungan kampus NSYSU. Stiker akan diberikan saat pengecekan identitas dan suhu pertama kali dan akan berlaku dalam sehari, jadi jika ingin mengakses fasilitas gedung kampus lainnya, pengunjung ataupun civitas akademika hanya perlu menunjukkan stiker yang telah didapat tanpa harus melalui pengecekan identitas dan suhu lagi. Gambar dan desain stiker akan berganti setiap harinya untuk menghindari kecurangan replikasi.



Gambar 5: Pengumuman Perihal stiker



Gambar 6: Contoh stiker NSYSU

Sistem penerapan stiker ini cukup unik bagi kalangan civitas akademika. Untuk lebih membuat membuat sistem stiker ini lebih menarik maka kampus NSYSU juga menerapkan program penukaran stiker dengan hadiah berupa Apel, Coklat ataupun makanan lainnya



Gambar 7: Hadiah Apel, Pohon Apel dan Antusiasme Mahasiswa Internasional

Untuk lebih menunjang kebijakan pencegahan penyebaran virus, hampir di setiap sudut ruangan pihak kampus menyediakan cairan alkohol serta poster peringatan penggunaan masker dan penjagaan jarak. Hal ini bertujuan untuk selalu mengingatkan pengguna gedung akan pentingnya penerapan prinsip kehati-hatian.



Gambar 8: Poster Peringatan



Gambar 9: Cairan Alkohol di berbagai sudut

Pada tanggal 15 Mei- 26 Juli 2021 melalui website resmi Taiwan Centers For Disease Control (CDC), Taiwan memberlakukan siaga level 3 dikarenakan lonjakan kasus Covid-19 meningkat tajam (CDC 2021) , hal ini mendorong kampus NSYSU lebih memperketat lagi penerapan protocol kesehatannya. Bekerjasama dengan berbagai departemen di dalam kampus, aturan kebijakan pencegahan penyebaran Covid-19 disebarluaskan melalui berbagai media. Salah satu contoh penyebaran informasi yang cukup efektif adalah melalui email. Bagi mahasiswa internasional Office of International Affairs (OIA) menjadi divisi utama untuk menyampaikan berbagai kebijakan tersebut, berikut adalah contoh salah satu email dari OIA:

NSYSU COVID-19 Prevention Measures from May 16 to June 8, 2021 Inbox X

Degree OIA <oia_degree@mail.nsysu.edu.tw>
to *

Dear students,
Please take at the NSYSU COVID-19 Prevention Measures from May 16 to Jun 8.

Alert Level	Pre- Level 3
Enforcement Period	May 16-June 8
Classrooms and Teaching	- The NSYSU COVID-19 Prevention Team has decided that May 17-18 is for instructors and students to prepare for distance learning, and May 19 through June 8 are to implement distance learning throughout the University. - All classrooms and learning venues should be well ventilated and regularly disinfected. - In classes: wear masks at all times, no eating or drinking, and keep seating record (manually or by taking photos). - Physical Education (including swimming classes) is suspended until June 8; make-up classes will be provided when in-person class resumes. Swimming tests in May are canceled, while tests in June are tentatively to take place as scheduled.
Offices	Wear masks at all times.
Meeting Rooms	- Meetings with attendance by people from outside of campus: - Attendees from the Level 3 Alert zone need to join using online methods. - Attendees from Level 2 Alert zones are advised to join using online methods. Alternate seating (1.5m social distancing) should be observed during meetings and dining if online participation is not adopted. - Visits from higher authorities: Alternate seating (1.5m social distancing) should be observed during meetings and dining.

Outdoor Public Areas	Wear masks at all times throughout the campus.
Restaurants and Stores	- Wear masks at all times except for eating. Avoid talking. - Diners are encouraged to use their own tableware. - Do not move tables or remove partitions. - You are encouraged to order take-out food; if you dine in, leave restaurants as soon as finishing dining.
Other Venues	- Every building will have one single entrance. Entering buildings requires taking temperature, ID and wearing a mask. (Non-NSYSU members should present an ID and provide contact information.) - The open area of the Si Wan College (10th floor of the Info-Library Building) adopts alternate seating and requires masks on at all times.
On-Campus Activities	- The following activities are suspended: - Student club activities - Inter-city/county activities (graduation trips, field trips, workshops, camps, etc.) - Varsity team training - Sports activities, rehabilitation therapy, Co-tea time arranged by the University for faculty and staff - The commencement will be postponed and to be held outdoors. - The Arts Festival will adopt live streaming for viewers. No audience is allowed to the performance hall.
Mobility Across Different Alert Level Zones	- All NSYSU members should cancel or postpone all unnecessary business or personal travel to the north. - Reduce unnecessary mobility between regions. Those who have returned home in the Level 3 Alert zone, please stay home and adopt work/study-from-home mode.

Library	- Closed to non-NSYSU members. - From May 18, the 3rd - 8th floors are closed to all. - Areas open to NSYSU students: Learning Plaza and Study Hall on the 1st floor and computer labs on the B1 floor. - Circulation service: from May 18, please go to the express desk on the 1st floor.
Gym and Sports/Fitness Facilities	- Varsity team training is suspended from May 17. - Gymnasium is closed to non-NSYSU members or for individual use. From May 19, the gymnasium and swimming pools are closed to all. - Fitness Centers are closed to all. - Outdoor tennis courts are open to all. From May 17, except for playing in the court, mask mandate is imposed in all areas, including benches, toilets, locker rooms. Shower rooms are closed. - Outdoor basketball courts: From May 17, all players should use his/her own ball, and no more than three players share one basketball hoop. The hoops will be sealed if found group playing. - Outdoor volleyball courts: From May 17, the courts are open only for practicing tossing between two players. Group playing is prohibited; if found, the nets will be removed. - Announcements will be posted on all outdoor courts. - From May 17, no lighting will be provided in the evening in the outdoor courts.
Student Center	All student club offices and venues are closed, and activities are suspended.
Campus Dorms	- Public areas will be disinfected two times daily. - Wear masks when outside dorm rooms. - Hand sanitizers are provided on washbasins. - Shower rooms will be in use alternately.
Sun Yat-sen Hall	Closed

- Measures not included above should follow the regulations of the CECC and the Kaohsiung City Government.
- Timely adjustments will be made according to the development of the pandemic.

Contacts:

- Academic Affairs:
 - Curriculum and courses: Ms. Hsiu-Wen Hsieh (ext. 2132, hsiuwen@mail.nsysu.edu.tw)
 - Ms. Ying-Hua Lee (ext. 2131, hwlee@mail.nsysu.edu.tw)

- For technical support, contact the Office of Library and Information Services:
 - Cyber University and U Meeting: Ms. Yu-Chieh Lin (ext. 2525, yuchieh@mail.nsysu.edu.tw)
 - Microsoft Teams: Mr. Yi-hsiung Ting (ext. 2458, jimmyting@staff.nsysu.edu.tw)
 - Cisco WebEx: Ms. Ying-ying Lyu (ext. 2459, yinying@staff.nsysu.edu.tw)
 - Google Meet: Mr. Chong-yu Huang (ext. 2522, locustyo@mail.nsysu.edu.tw)

- For counseling support, contact the Office of Student Affairs:
 - Licensed practical nurse (LPN) Ms. Kuo (ext. 2252)
 - Psychologist Ms. Ya-chu Chuang (ext. 2233)

- Office of Personnel Services:
 - Mr. Shyh-Yueh Puu (ext. 2046, puuy@mail.nsysu.edu.tw)
 - Ms. Yu-Chun Tsai (ext. 2053, irene160@mail.nsysu.edu.tw)

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Division of Overseas and International Degree Student Affairs
Office of International Affairs
National Sun Yat-sen University

Gambar 10: Email OIA Penyesuaian Level 3

Ketika pemerintah Taiwan mulai menurunkan status siaga Covid-19 dari level 3 ke level 2 pada tanggal 27 Juli 2021, Divisi OIA juga menjadi sarana utama bagi mahasiswa internasional untuk mendapatkan pembaharuan informasi kebijakan dari pihak kampus. Melalui email juga OIA menyampaikan penyesuaian kebijakan kampus NSYSU merespon siaga level 2 sebagai berikut:

NSYSU COVID-19 Prevention Measures-Epidemic Alert 2 (7/27~8/9)

Degree OIA
to *

Dear Students

Please take a look at the NSYSU COVID-19 Prevention Measures for Epidemic Alert 2 starting from today Jul 27 to Aug 9.

Alert Level		Level 2
Enforced Period		7/27 ~ 8/9
Venues	Measures	
Classrooms and Teaching	- Follow the principle of in-person learning for small classes and distance learning for large classes. Persons under home quarantine and enhanced self-health management shall not come to campus and attend classes. The class suspension will follow measures announced by the Central Epidemic Command Center (CECC) and the Ministry of Education (MOE). - Fall semester of 2021/22 Academic Year has postponed the first day of class until September 23. - Summer semester courses from July 12 to August 20 remain entirely in distance-learning mode. - In-person learning scheduled before August 9 shall follow the regulation of a maximum of 50 persons for indoor venue and 2.25 m² per person spacing regulation; prior approval by the university is required. Fall semester classes with 100+ students shall make plans for several classrooms to maintain social distancing or adopt distance learning. - All education facilities should keep classrooms and learning venues well ventilated and regularly disinfected. - In classes: wear masks at all times, no eating or drinking, and keep seating records (hardcopy or photo).	
Offices	Keep social distancing (1.5 meters indoor). If distancing is not possible, masks shall be worn at all times.	
Meeting Rooms	Keep social distancing (1.5 meters indoor). If distancing is not possible, masks shall be worn at all times; no dining is allowed.	

Library	Venues will gradually open in two phases: - Closed to non-NSYSU members. - From July 27 to July 30: (1) Temporary circulation service and reference consultation available on the 1st floor (rear entrance). (2) Increase sanitation of the reading areas. - From August 2 to August 9: (1) Reading areas from the 3rd to 8th floors are open, and alternate seating of at least 1.5 meters apart will be observed. (2) Study and discussion rooms are available for reservation. Discussion rooms are limited to a maximum of 5 persons. (3) Entry access is limited to NSYSU-related personnel and persons with valid library cards (family, alumni, and friends). (4) The following computer & study rooms are temporarily closed: Computer room (B1), Learning Plaza and Study Hall (1F), Learning Common (3F).
Gymnasium and Sports/Fitness Facilities	Masks are required at all times for indoor and outdoor venues. Keep contact tracing record, maintain social distancing, and no eating/drinking allowed (except for drinking water). - The following venues remain closed: swimming pool and Fitness Center I (in the Gymnasium). - Gymnasium and tennis courts are open; shower rooms are closed. - Fitness Center II (near the stadium) is open by reservation; lockers and showers are closed. - Track-and-field (including the horizontal bars), outdoor basketball courts, outdoor volleyball courts, and the baseball/softball field are open and limited to 50% of the persons allowed. - Ocean Sports Center opens only to groups using water sports equipment only, and masks shall be worn at all times; no swimming is allowed. - Open-water swimming activities of the Morning Swimming Club are suspended. - Venues mentioned above will be closed when participants in activities are not able to wear masks at all times and maintain social distancing.
Student Center	All student club offices and venues are closed, and activities are suspended.

Campus Dorms	- Public areas will be disinfected two times daily during weekdays (once daily during weekends), and liquid soap and soap bars are provided at all washbasins. - Alternate shower stalls are open for use (to maintain social distance). - Wear masks when in areas outside dorm rooms. - Every dorm building is provided with a thermometer and alcohol for students in need. All dorms remain single entry access. However, students can submit an application to the dormitory center requesting opening extra entrances for moving purposes. - Students can return on campus for move-in, move-out and change of dorms.
Sun Yat-sen Hall	- Open. - For the audience: follow an assigned alternate seating, and the first row of seating should be at least 3 meters from the stage. Keep contact tracing records, temperature checks, and masks worn at all times. - For performers and crew: wear masks at all times and follow all preventive measures.
Outdoor Public Areas	Maintain social distancing (1.5 meters indoor and 1 meter outdoor); if not possible, wear masks at all times.
Restaurants, Stores, and shops	- According to the decision made by the Kaohsiung City Government on July 24, in-door dining is permitted under certain guidelines. The Food & beverage industry shall follow the Taiwan Food and Drug Administration checklist to keep track of employee's health conditions, preventive measures, sanitation records, and customer dining management. If the above-mentioned measures cannot be maintained, only take-outs are allowed. - All operating hours are to adjust according to the latest preventive measure regulation.
Other Venues	Every building will maintain one single entrance. Entering buildings requires temperature checks, wearing a mask, and contact-information-based measures (NSYSU members should present an ID and non-NSYSU members an ID and provide contact information.)

On-Campus Activities	- The following activities are suspended: inter-city/county activities (i.e., graduation trips, field trips, workshops, camps, etc.), co-tea time gatherings, sports classes and rehabilitation therapy for faculty & staff, art festival activities, group activities, competitions, and gatherings. - All internships, including onboard a ship, are suspended. - All student club activities, varsity team training, department student association activities, department sports team activities, department alliances, and non-registered student group activities are suspended. - Varsity practices are allowed with fixed lists of members and shall be provided in advance. The maximum number allowed is 20 persons for indoor and 40 persons for outdoor venues. Coaches with no vaccination or have received vaccination less than 14 days shall provide negative test results regularly. - No art festival activities are scheduled during the summer period.
Cross city/county Mobility	- Avoid any unnecessary business or personal trips. - Avoid any cross city/county travel.

Thank you.

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Gambar 11: Email OIA Penyesuaian Level 2

Penerapan kebijakan pencegahan Covid-19 di lingkungan kampus NSYSU sangat efektif dan komprehensif, karena telah melibatkan seluruh departemen dan divisi di lingkungan kampus. Pembaharuan informasi juga dilakukan secara cepat dan terinci tidak hanya bagi mahasiswa lokal namun juga mahasiswa internasional. Kampus NSYSU juga proaktif bersinergi dengan pemerintah daerah maupun pusat dalam menentukan kebijakan yang layak untuk diterapkan. Pihak kampus NSYSU juga secara simultan mengkampanyekan kepada seluruh civitas akademika agar senantiasa mematuhi protokol kesehatan yang telah ditetapkan melalui media poster, email, website dan social media. Hal ini menjadikan sistem serta prosedur pencegahan penyebaran Covid-19 di lingkungan kampus layak dijadikan contoh bagi kampus maupun institusi pendidikan lainnya. Namun yang terpenting dari semua ini adalah kesadaran pribadi masing-masing untuk mematuhi protokol kesehatan yang telah ditetapkan. Semoga pandemi Covid-19 ini segera berlalu, kewaspadaan untuk menjaga diri dan menjaga kesehatan merupakan modal utama untuk dapat mengakhiri pandemi ini.

Referensi

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WHO. 2020. "WHO Director-General's Opening Remarks at the Media Briefing on COVID-19 - 11 March 2020." 2020. <https://www.who.int/director-general/speeches/detail/who-director-general-s-opening-remarks-at-the-media-briefing-on-covid-19---11-march-2020>.

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